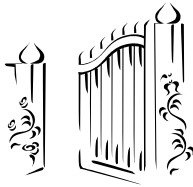


# NALA INTERNATIONAL

## NURTURING THE AGEING WITH LIVING ASSISTANCE



### BROCHURE OF SERVICES

ARE YOU WORRIED ABOUT LEAVING YOUR FAMILY MEMBER AT HOME ALONE? NALA INTERNATIONAL UNDERSTANDS THE DIFFICULT DECISIONS FACED WHEN A FAMILY MEMBER BEGINS TO AGE. WE PROVIDE SENSITIVE, CARING ASSISTANCE FOR ELDERLY MOVING THROUGH LIFE TRANSITIONS. OFFERING A WEALTH OF EXPERIENCE FORTIFIED BY STRONG, CURRENT TRAINING, NALA INTERNATIONAL CAN HELP YOU BALANCE CARING FOR YOUR FAMILY AND TAKING CARE OF YOURSELF.

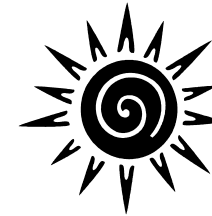
### NALA SERVICES

- ASSESS CURRENT CAREGIVER STATUS AND NEEDS
- ASSIST SENIORS WITH ALL DAILY LIVING ACTIVITIES AT ANY STAGE OF HEALTH
- PROMOTE INDEPENDENCE AS LONG AS POSSIBLE
- HELP FAMILIES ACCESS OTHER SERVICES AND COORDINATE CARE WITH OTHER PROFESSIONALS
- HELP MANAGE LIFESTYLE TRANSITIONS
- OFFER HOSPICE/END OF LIFE CARE
- PROVIDE SERVICES 24 HOURS / 7 DAYS A WEEK AND STAY EXTENDED HOURS AS NEEDED

### ADDITIONAL SERVICES

- OFFER FLUENCY IN ENGLISH, FRENCH, SPANISH, ITALIAN AND SEVERAL AFRICAN LANGUAGES
- PROVIDE GUIDANCE THROUGH THE SOCIAL SERVICE MAZE
- ASSESS VOLUNTEER AND PAID HELP OPTIONS
- SERVE AS A RESOURCE TO IDENTIFY QUALIFIED CARE-GIVERS

ALL SERVICES OFFERED AT REASONABLE RATES  
REFERENCES AVAILABLE



NALA MEANS “WE WISH YOU WELL” IN THE SUTU LANGUAGE OF SOUTH AFRICA. NALA INTERNATIONAL IS UNIQUE IN PROVIDING COMPREHENSIVE,

HOLISTIC, DETAILED INFORMATION AND SERVICES COVERING NEEDS ACROSS THE LIFE SPAN TO FAMILIES AND ORGANIZATIONS.

WE ARE COMMITTED TO PROVIDING EXTREMELY HIGH QUALITY AND ETHICALLY SOUND SERVICES BECAUSE WE TRULY WISH OUR CLIENTS WELL. NALA TAILORS OUR SERVICES TO MEET UNIQUE INDIVIDUAL NEEDS. OUR SERVICES SHIELD FAMILIES FROM THE WORRY, ANXIETY AND EMOTIONAL STRESS OF CARE GIVING AT ALL THE STAGES OF AGEING. ONE OF OUR PRIMARY OBJECTIVES IS TO LINK THE GENERATIONS AND BUILD STRONG FAMILIES, ONE AT A TIME. WHILE OUR FOCUS IS ON AGEING, WE OFFER HOME-HEALTH SERVICES FOR ALL AGES.

NALA INTERNATIONAL  
“WE WISH YOU WELL”

PAULINA KHUMBAH, PH.D.  
2605 CROOKED CREEK  
MESQUITE, TEXAS 75181  
PHONE: 972-222-5718  
E-MAIL: PKHUMBAH@YAHOO.COM